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## Publishing with Karnac

Karnac is one of the few remaining independent English language mental health publishers. We began publishing in the 1970s and we continue to lead the way in diverse fields. We publish around 100 books a year in addition to our journals and see ourselves as an important component in the psychotherapeutic world through which new ideas and approaches can find their way to a wider readership.

We have comprehensive sales and distribution in the UK, Europe, North America, and Australia and New Zealand. In addition all new titles are also released as eBooks reaching whole new markets across the globe.

## Submitting Manuscripts

Karnac welcomes submissions from all sources and on all relevant topics. Please send us a curriculum vitae, a one-page abstract of the work, an outline of the entire manuscript (table of contents), and one or two sample chapters. Please also outline what the primary market for your book would be; when you would be ready to submit the final manuscript; the approximate number of words in the book; and if there are any books available at the moment that yours could be compared to, expand on, or challenge.

Please send all submissions to:

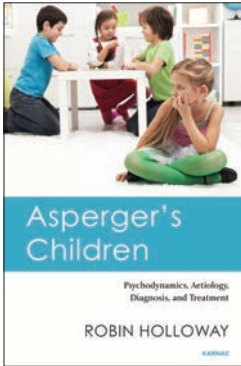
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We aim to respond to proposals submitted for consideration within two to three months.



Karnacology, our new companion website, aims to facilitate contact and discussion amongst practising professionals in the mental health field. We provide knowledge and ideas for mental health professionals who practice talking therapies, as well as services and advice for authors on how best to reach their audience.

For more information, and to receive news of our latest articles and interviews, please visit us at [karnacology.com](http://karnacology.com)

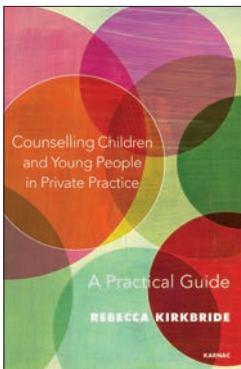


## Asperger's Children Psychodynamics, Aetiology, Diagnosis, and Treatment

By **Robin Holloway**, a psychoanalytic psychotherapist to children and adolescents in private practice treating high-functioning autistic children and those with Asperger's Disorder.

This book spells out in detail the psychodynamics the author has repeatedly uncovered in Asperger's children, adolescents, and adults, and explores the central factors in the aetiology of Asperger's Disorder. It includes numerous case illustrations to help the reader appreciate the central psychodynamics that are regularly observed in Asperger's children, namely splitting of the self into victim and bully aspects, and projective identification into remote objects.

Karnac Books, December 2015, 266 pp, Demy 9781782203599 £27.99/\$45.95

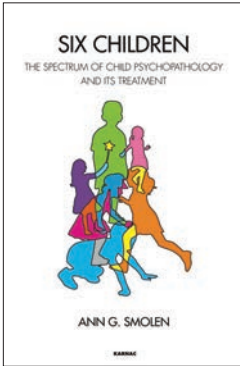


## Counselling Children and Young People in Private Practice A Practical Guide

By **Rebecca Kirkbride**, who runs a private practice where she sees adults, children, and young people, as well as offering clinical supervision to other practitioners working with these groups.

Working privately with children and families can be a rewarding experience for counsellors and psychotherapists but it can also be fraught with concerns for both practitioners and families alike. This book offers comprehensive guidance to both experienced and novice counsellors to assist them in the process of setting up or adapting their private practice to include children and young people. It coherently and systematically addresses the obstacles which stand in the way of practitioners offering this important service effectively and ethically.

Karnac Books, December 2015, 234 pp, Demy 9781782202615 £25.99/\$42.95



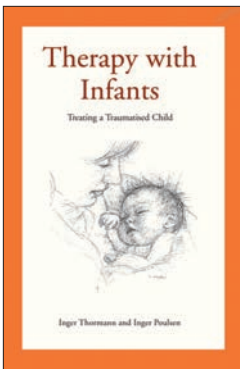
## Six Children

### The Spectrum of Child Psychopathology and its Treatment

By **Ann G. Smolen**, a supervising and training analyst in child, adolescent and adult psychoanalysis.

Theoretically anchored and historically informed, *Six Children* is a book about the nuances of child psychoanalysis as these unfold in the encounter with different forms of early life anguish. Addressing autistic, homeless, and despondent children on the one hand, and greedy, betrayed, and angry children on the other, the book attempts to integrate developmental deficits, intrapsychic conflicts, and constitutional givens in evolving a deeper understanding of both severe and milder psychopathology.

Karnac Books, November 2015, 180 pp, Demy 9781782202820 £22.99/\$37.95



## Therapy with Infants

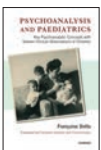
### Treating a Traumatized Child

By **Inger Thormann**, a psychologist in private practice and a film consultant, lecturer, and teacher and **Inger Poulsen**, also a psychologist, trained in body/gestalt therapy, sandplay therapy, and psychotherapy.

When a child without a fully developed language experiences physical and psychological stress that exceeds the child's capacity to cope, the experience can leave lasting marks, unless the child receives treatment. Infant therapy is primarily a therapeutic intervention aimed at traumatised infants, but the method can also be applied in daily educational practices by preschool teachers, nurses, teachers, day care providers, and parents.

Karnac Books, December 2015, 192 pp, Demy 9781782203094 £24.99/\$40.95

### See also



Psychoanalysis and Paediatrics  
Key Psychoanalytic Concepts with Sixteen Clinical Observations of Children  
By **Françoise Dolto** (translated by Fiona Sinclair)  
2013, 264 pp, Demy 9781855758124 £24.99/\$40.95



## Fostering Good Relationships Partnership Work in Therapy with Looked After and Adopted Children

*The United Kingdom Council for Psychotherapy  
Series*

By **Miriam Richardson**, a Systemic Psychotherapist, supervisor and trainer, **Fiona Peacock**, Counsellor, Certified Theraplay® Therapist and Trainer, **Geoff Brown**, a Jungian psychoanalyst, **Tracey Fuller**, a Child and Adolescent Psychotherapeutic Counsellor, **Tanya Smart**, a Family/Systemic Psychotherapist and **Jo Williams**, a social worker.

This book explores the importance of effective multi-agency and multi-disciplinary partnership work for the mental health of children and young people in care and adoption. It focuses on practice, showing how practitioners can draw on their varied theoretical approaches to enhance the way they work together and in partnership with carers and with professionals from other agencies.

**Karnac Books, January 2016, 190 pp, Demy 9781782201519 £19.99 / \$32.95**

### See also



Handbook of Working with Children, Trauma, and Resilience  
An Intercultural Psychoanalytic View

By **Aida Alayarian**

**2015, 222 pp, Demy 9781782201939 £24.99/\$40.95**

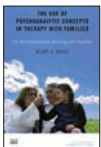


Therapy with Children

An Existential Perspective

By **Chris Scalzo**

**2010, 182 pp, Demy 9781855757301 £21.99/\$35.95**



The Use of Psychoanalytic Concepts in Therapy with Families  
For all Professionals Working with Families

By **Hilary A. Davies**

**2010, 192 pp, Demy 9781855755154 £20.99/\$34.95**

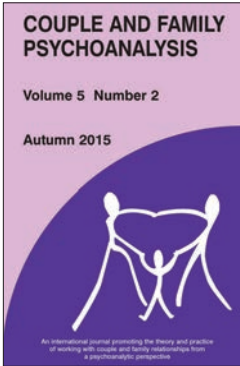


Why Can't I Help this Child to Learn?

Understanding Emotional Barriers to Learning

Edited by **Helen High**

**2012, 166 pp, Demy 9781855757875 £17.99/\$29.95**



# Couple and Family Psychoanalysis Journal

*Couple and Family Psychoanalysis Journal is an international publication sponsored by the British Society of Couple Psychotherapists and Counsellors, the Professional Association of the Tavistock Centre for Couple Relationships (TCCR). It aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective while seeking to provide a forum for disseminating current ideas and research, and for developing clinical practice.*

## 5 Reasons to Subscribe to *Couple and Family Psychoanalysis*

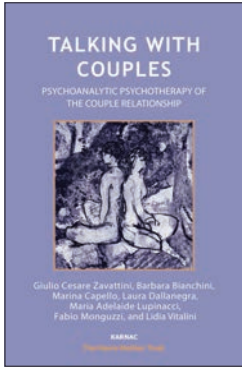
1. A brand new journal bringing together the interests of all professionals who draw on psychoanalytic perspectives in their work with couples and families.
2. An international journal presenting ideas and experiences of clinical practitioners from around the world.
3. An innovative journal critically reviewing developments in practice, research and literature.
4. A journal to enhance professional practice with authoritative articles from established as well as new authors in twice yearly issues.
5. A welcoming journal offering a forum for those seeking closer connection with others in their field.

'This journal signals the coming of age of psychoanalytic couple and family psychotherapy and reasserts the extraordinary utility of psychoanalytic principles to the understanding of human interaction. Though psychoanalysis was born out of the study of the dynamic internal world of the individual, its applicability to this investigation of different expressions of the human condition, intrapsychic and interpersonal, now including couples and families as well as groups and institutions, is further demonstrated by this journal. Psychoanalytic clinical work with couples and families now has a voice.'  
Stanley Ruzsyczynski: Psychoanalyst, British Psychoanalytic Association, Clinical Director, Portman Clinic, Tavistock and Portman NHS Foundation Trust, London

**Standard subscription rate £40.00/\$65.00**

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This subscription is for one year and covers two issues per annum.



# Talking with Couples

## Psychoanalytic Psychotherapy of the Couple Relationship

*The Harris Meltzer Trust Series*

*Edited by Giulio Cesare Zavattini, a professor in couple assessment and clinical intervention and lecturer in psychoanalytic psychotherapy, Barbara Bianchini and Marina Capello, both psychologists and psychoanalytic psychotherapists, Maria Adelaide Lupinacci, a psychoanalyst and psychiatrist, Fabio Monguzzi, Lidia Vitalini and Laura Dallanegra, psychologists and psychoanalytic psychotherapists.*

'In this compact and illuminating study of the evolving theoretical framework informing psychoanalytic work with couples, the authors highlight concepts that have been most drawn upon in developing dynamic couple therapy. They chart the shifting emphasis away from interpreting and reconstructing the past towards approaches that engage partners and therapists in constructing and reflecting on their encounters with each other in the present. The triangular space that is created through this process contains therapists as well as the couples with whom they talk, and invites us to revisit the essential nature of the therapeutic conversation in this light. A thoughtful and fascinating book that will interest everyone who is keen to understand the interior world of couple psychotherapy.'

– **Christopher Clulow, PhD**, Senior Fellow, the Tavistock Centre for Couple Relationships, London

**Harris Meltzer Trust, November 2015, 138 pp, Demy 9781782201175 £23.99/\$38.95**

### Also in the Harris Meltzer Trust series

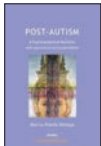


#### Adolescence

Talks and Papers

By **Donald Meltzer and Martha Harris**

**2011, 252 pp, Demy 9781780490113 £28.99/\$46.95**



#### Post-Autism

A Psychoanalytical Narrative, with Supervisions by Donald Meltzer

By **Marisa Pelella Melega**

**2014, 144 pp, Demy 9781780491394 £16.99/\$27.95**



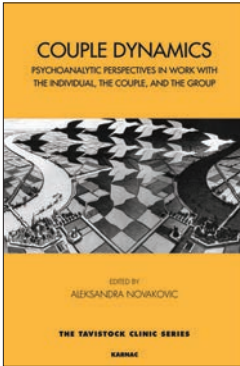
#### Your Teenager

Thinking About Your Child During the Secondary School Years

By **Martha Harris**

**2007, 296 pp, Demy 9781855754089 £27.99/\$45.95**





# Couple Dynamics

## Psychoanalytic Perspectives in Work with the Individual, the Couple, and the Group

*The Tavistock Clinic Series*

Edited by **Aleksandra Novakovic**, a couple psychoanalytic psychotherapist and a psychoanalyst.

This book presents psychoanalytic thinking about the phenomenon of the couple and couple dynamics in internal and external reality and at different levels of organisation: the 'couple' in the individual's internal world, the dynamics between partners in a couple relationship, and the dynamics between the couple and the group.

**Karnac Books, January 2016, 240 pp, Demy 9781782203315 £26.99/\$44.95**

### See also



### What Makes Us Stay Together?

Attachment and the Outcomes of Couple Relationships

By **Rosetta Castellano, Patrizia Velotti, and Giulio Cesare Zavattini**

**2014, 176 pp, Demy 9781782200581 £22.99/\$37.95**



### Living on the Border

Psychotic Processes in the Individual, the Couple, and the Group

Edited by **David Bell and Aleksandra Novakovic**

**2013, 288 pp, Demy 9781855756014 £27.99/\$45.95**

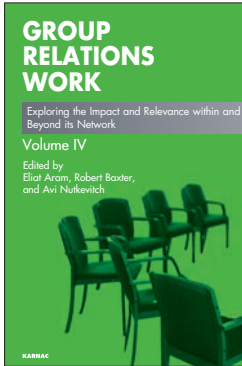


### Sex, Attachment and Couple Psychotherapy

Psychoanalytic Perspectives

Edited by **Christopher Clulow**

**2009, 296 pp, Demy 9781855755581 £25.99/\$42.95**



# Group Relations Work

## Exploring the Impact and Relevance Within and Beyond its Network

*The Group Relations Conferences Series*

*Edited by* **Eliat Aram**, CEO of the Tavistock Institute of Human Relations, **Robert Baxter**, retired Professor of Psychiatry and **Avi Nutkevitch**, clinical psychologist, psychoanalyst and organisational consultant.

This book is composed of the presentations given at Belgrate IV, as well as some post conference reflections. The various chapters touch on the current flow of Group Relations as a discipline, as a method of work being applied and studied in Group Relations Conferences worldwide and in organizations, training programs, and in the understanding of social phenomena.

Karnac Books, November 2015, 304 pp, Demy 9781782201977 £27.99/\$45.95

### Also in this series



#### Group Relations Conferences

Tradition, Creativity, and Succession in the Global Group Relations Network  
Edited by **Eliat Aram**, **Robert Baxter**, and **Avi Nutkevitch**

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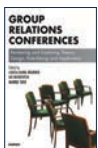


#### Adaptation and Innovation

Theory, Design and Role-Taking in Group Relations Conferences and their Applications

Edited by **Eliat Aram**, **Avi Nutkevitch**, and **Robert Baxter**

2009, 280 pp, Demy 9781855756779 £25.99/\$42.95

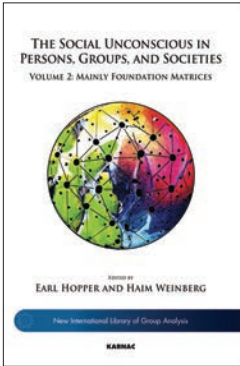


#### Group Relations Conferences

Reviewing and Exploring Theory, Design, Role-Taking and Application

Edited by **Louisa D. Brunner**, **Mannie Sher**, and **Avi Nutkevitch**

2006, 216 pp, Demy 9781855754751 £25.99/\$42.95



# The Social Unconscious in Persons, Groups, and Societies

## Volume 2: Mainly Foundation Matrices

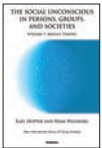
*The New International Library of Group Analysis*

Edited by **Earl Hopper**, *psychoanalyst and group analyst* and **Haim Weinberg**, *psychologist and group analyst, and therapist*.

The social unconscious is vital for understanding persons and their groupings, ranging from families to societies, committees to organisations, and from small to median to large therapeutic groups, and essential for comprehensive clinical work. This series of volumes of contributions from an international network of psychoanalysts, analytical psychologists, group analysts and psychodramatists draws on the classical ideas of Freud, Klein and Jung, Bion, Foulkes and Moreno, and on contemporary relational perspectives, self-psychology and neuroscience.

**Karnac Books, December 2015, 192 pp, Demy 9781782201854 £22.99/\$37.95**

### By the same authors



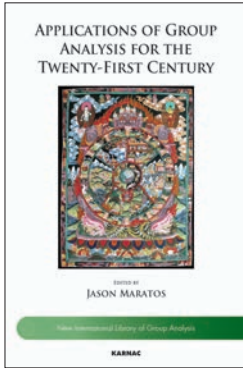
The Social Unconscious in Persons, Groups and Societies  
Volume 1: Mainly Theory  
Edited by **Earl Hopper** and **Haim Weinberg**  
**2011, 400 pp, Demy 9781855757684 £34.99/\$56.95**



Trauma and Organizations  
Edited by **Earl Hopper**  
**2012, 336 pp, Demy 9781855757790 £28.99/\$46.95**



The Paradox of Internet Groups  
Alone in the Presence of Virtual Others  
By **Haim Weinberg**  
**2014, 224 pp, Demy 9781855758933 £22.99/\$37.95**



# Applications of Group Analysis for the Twenty-First Century

*The New International Library of Group Analysis*

Edited by **Jason Maratos**, consultant in child and adolescent psychiatry and supervisor of psychiatrists and group therapists.

This work is meant to give easy access to the first expressions of cardinal concepts, such as the matrix, the laws of group analysis, and the notion of pseudo-problems and false dichotomies. It is hoped that it will form not only an essential source book but also will indicate the way contemporary practitioners can integrate the new developments – not included in these volumes – from as spectrum as diverse as mentalisation and epigenetics.

**Karnac Books, January 2016, 320 pp, Demy 9781782201137 £29.99/\$48.95**

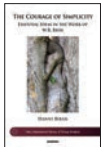
## Also in this series



Foundations of Group Analysis for the Twenty-First Century

Edited by **Jason Maratos**

**2015, 336 pp, Demy 9781782201120 £29.99/\$48.95**



The Courage of Simplicity

Essential Ideas in the Work of W. R. Bion

By **Hanni Biran**

**2015, 288 pp, Demy 9781782201427 £27.99/\$45.95**

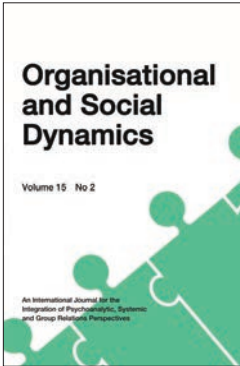


The Art of Group Analysis in Organisations

The Use of Intuitive and Experiential Knowledge

By **Gerhard Wilke**

**2014, 256 pp, Demy 9781780491530 £23.99/\$39.95**



# Organisational and Social Dynamics Journal

*An International Journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives. It is sponsored by OPUS (An Organisation for Promoting Understanding of Society).*

The aim of the International Journal 'Organisational and Social Dynamics' is to contribute to the development of a deeper understanding of organisational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features and reviews of contemporary social and political events, to personal polemics or reflections.

'Organisational and Social Dynamics' is a forum for the publication of theoretical and applied papers that are relevant and accessible to an international readership; and, one where writers from psychoanalytic, group relations and systems perspectives can address emerging issues in organisations and societies throughout the world.

It aims to sustain a creative tension between scientific rigour and popular appeal, both developing conversations with the professional and social scientific world and opening up these conversations to practitioners and reflective citizens everywhere. We wish to attract manuscripts from contributors who are aware of their own values, suppositions and assumptions, the influence of counter-transference in their work, whatever form it takes, and the ability to connect the internal world of individuals and groups with societal and global processes.

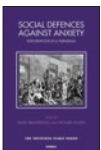
In addition to scientific papers, Organisational and Social Dynamics also seeks to attract accounts of interventions, in the shape of reports of action research projects or case studies of consultation projects; soundings, and writing inspired by events that offer perspectives on contemporary affairs and societies. It will also contain sections on speaking out, which will provide a space for personal ideas and polemic; and, dialogue, which will provide opportunities for differing views to be positioned together.

**Standard subscription rate £40.00/\$65.00**

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## Popular titles in Groups and Organisations



**Social Defences Against Anxiety**

Explorations in a Paradigm

Edited by **David Armstrong** and **Michael Rustin**

**2014, 400 pp, Demy 9781782201687 £29.99/\$48.95**



**Organization in the Mind**

Psychoanalysis, Group Relations and Organizational Consultancy

By **David Armstrong**

**2005, 192 pp, Demy 9781855753976 £24.99/\$40.95**

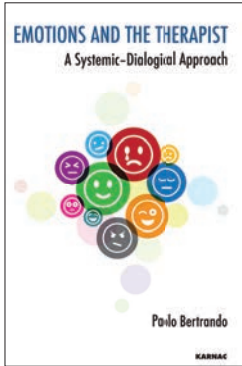


**Resource-ful Consulting**

Working with your Presence and Identity in Consulting to Change

By **Karen Izod** and **Susan Rosina Whittle**

**2014, 176 pp, Demy 9781782200413 £22.99/\$37.95**



## Emotions and the Therapist A Systemic-Dialogical Approach

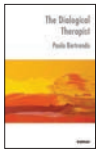
*The Systemic Thinking and Practice Series*

By **Paolo Bertrando**, *psychiatrist and psychotherapist*.

This book looks at emotions within human systems in terms of dominant and silent emotions, which shape and are shaped by human relationships, and may be played in several ways according to reciprocal emotional positioning. The therapist uses his or her own feeling, and understanding of the emotions within the therapeutic dialogue, in order to create hypotheses and new dialogues which allow change, first of all, in the emotional tone and positioning of clients.

Karnac Books, November 2015, 282 pp, Demy 9781782202134 £28.99/\$46.95

### Also by Paolo Bertrando



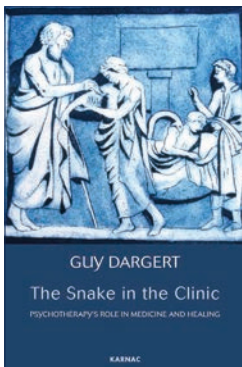
The Dialogical Therapist  
Dialogue in Systemic Practice  
By **Paolo Bertrando**

2007, 286 pp, Demy 9781855755604 £24.99/\$40.95



Systemic Therapy with Individuals  
By **Luigi Boscolo** and **Paolo Bertrando**

1996, 320 pp, Demy 9781855750944 £36.99/\$59.95

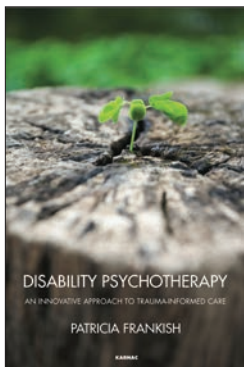


## The Snake in the Clinic Psychotherapy's Role in Medicine and Healing

By **Guy Dargert**, *a psychotherapist with thirty-five years experience of practice, and a teacher of medical humanities*.

This book offers an alternative to the usual view of psychotherapy's role in relation to medicine by proposing that psychotherapy is less an adjunct to mainstream medicine than it is co-partner in the process of deep healing. Drawing on psychological theory, scientific research, mythology, Buddhist and Eastern ideas, shamanism, and case work, it aims to put our understanding of the work of psychotherapy into a broader global and historic context. It aims to show how this broader vision relates to everyday practice with the individuals who come to psychotherapy.

Karnac Books, January 2016, 208 pp, Demy 9781782203742 £24.99/\$40.95



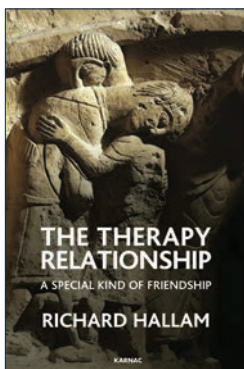
## Disability Psychotherapy

### An Innovative Approach to Trauma-Informed Care

By **Patricia Frankish**, a clinical psychologist and psychotherapist with many years of experience in the field of disability.

Much has been written about cognitive development in those who are cognitively impaired. Much is written about attachment for people who don't have disabilities. Yet people with disabilities have suffered discrimination and neglect of their emotional needs, perhaps because the pain of difference cannot be tolerated, perhaps because of lack of will or lack of knowledge. This book aims to help to fill the knowledge gap and to encourage others to overcome their resistance to facing the pain, and will be an important contribution to our understanding of the world of disability and emotional deprivation.

Karnac Books, January 2016, 162 pp, 9781782203162 £19.99/\$32.95



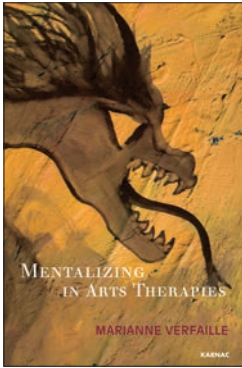
## The Therapy Relationship

### A Special Kind of Friendship

By **Richard Hallam**, who trained as a clinical psychologist and has combined university teaching and research with work in a variety of National Health Service settings.

This book proposes that the age-old rules and virtues of friendship lie at the heart of all forms of psychotherapy and counselling. A therapist, however, is a special kind of friend. The unwritten moral code of friendship that governs reciprocity, trust, truth-telling, commitment, support, and advice is adopted by all forms of therapy but is modified in unique ways according to underlying theory, philosophy, values, and forms of self-presentation. Codes of conduct and ethical guidelines are viewed in this book as ways to protect the participants from unwanted and distracting obligations and temptations while still benefiting from the intimacy and commitments of friendship.

Karnac Books, November 2015, 196 pp, Demy 9781782202523 £24.99/\$40.95



## Mentalizing in Arts Therapies

By **Marianne Verfaillie**, who started her career working with children with attachment problems and for the past twenty years has been a senior art therapist.

This book describes the use of therapeutic art, music, and dance interventions against a background of mentalization, thus forging a link between arts therapies and mentalization-based treatment. The author has attempted to tailor the description of mentalization to the work of arts therapists, and to make it more readily recognisable by her liberal use of image material.

**Karnac Books, February 2016, 256 pp, Demy 9781782201335  
£29.99/\$48.95**

### See also



**Mentalizing in the Development and Treatment of Attachment Trauma**  
By **Jon G. Allen**  
**2013, 362 pp, Demy 9781780490915 £30.99/\$50.95**



**Mentalizing in Child Therapy**  
Guidelines for Clinical Practitioners  
Edited by **Annelies J. E. Verheugt-Pleiter, Jolien Zevalkink, and M. G. J. Schmeets**  
**2008, 272 pp, Demy 9781855755819 £36.99/\$59.95**



## Being With and Saying Goodbye Cultivating Therapeutic Attitude in Professional Practice

By **Andrew West**, who works as a child and adolescent psychiatrist in the National Health Service.

At a time of increasing financial pressure on families – as well as the services that support them – children are doubly disadvantaged. The economical mass-provision of proven approaches appears to be an unquestionable strategy. In this frank and revealing book, written by an experienced child and adolescent psychiatrist of eclectic and questioning persuasion, the argument is made that we are travelling in the wrong direction. A blinkered pursuit of empirical evidence and uniform delivery is leading us away from any sensitive and reciprocal relationship between caring professionals and the young individuals whose interests they are there to serve.

**Karnac Books, January 2016, 208 pp, Demy 9781782203360 £25.99/\$42.95**





## Attachment Journal

### New Directions in Psychotherapy and Relational Psychoanalysis

*Attachment: New Directions in Psychotherapy and Relational Psychoanalysis* is a cutting edge journal for clinicians working relationally with their clients; it is a professional rather than academic journal, featuring cultural articles, politics, reviews and poetry relevant to attachment and relational issues. It is an inclusive journal welcoming contributions from clinicians of all orientations seeking to make a contribution to attachment approaches to clinical work. It includes up to date briefings on latest developments in neuroscience relevant to psychotherapy and counseling. It has a broad international reach, with contributions from colleagues from different countries and cultures.

**Standard subscription rate £45.00/\$70.00**

**Concession subscription rate £35.00/\$55.00**

This subscription is for one year and covers three issues per annum.



## The Journal of Psychological Therapies in Primary Care

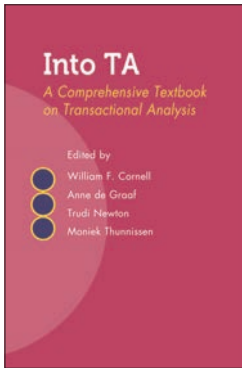
*The Journal of Psychological Therapies in Primary Care* aims to disseminate articles and new developments in the following broad areas:

1. Counselling/psychotherapy and other models of clinical work e.g. art therapy.
2. Evaluation and outcome studies.
3. Politics, policy and debate.
4. Commissioning and purchasing developments.
5. Collaboration between general practice and all forms of psychotherapy work in Primary Care.
6. Student (Trainee Counsellors, Psychological Therapists and General Practice Registrars) experiences.

**Standard subscription rate £40.00/\$65.00**

**Concession subscription rate £25.00/\$40.00**

This subscription is for one year and covers two issues per annum.



# Into TA

## A Comprehensive Textbook on Transactional Analysis

*Edited by* **William F. Cornell, Anne de Graaf, Trudi Newton, and Moniek Thunnissen**, all of whom are teaching and supervising transactional analysts and authors of numerous books.

*Into TA* is a comprehensive textbook of contemporary TA in theory and practice. The first section of the book focuses on theory, presented so that both beginning and experienced professionals will find much of value. TA theory is then further integrated with other current models of psychology, education, and organisational consultation. The second section provides rich and stimulating examples of TA in practice that brings the theory to life.

**Karnac Books, January 2016, 444 pp, HB Crown Quarto 9781782202066 £50.00/\$80.95**

### See also



The Transactional Analyst in Action  
Clinical Seminars  
By **Michele Novellino**

**2012, 190 pp, Demy 9781780490700 £21.99/\$35.95**



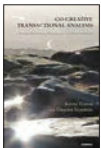
Relational Transactional Analysis  
Principles in Practice  
Edited by **Heather Fowlie** and **Charlotte Sills**

**2011, 414 pp, Demy 9781855757622 £34.99/\$56.95**



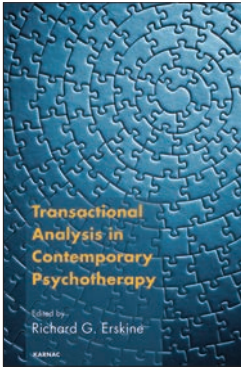
Psychodynamic Psychotherapy with Transactional Analysis  
Theory and Narration of a Living Experience  
By **Anna Emanuela Tangolo**

**2015, 192 pp, Demy 9781782201557 £23.99/\$39.95**



Co-Creative Transactional Analysis  
Papers, Responses, Dialogues, and Developments  
By **Keith Tudor** and **Graeme Summers**

**2014, 352 pp, Demy 9781782201571 £27.99/\$45.99**



# Transactional Analysis in Contemporary Psychotherapy

*Edited by* **Richard G. Erskine**, *a clinical psychologist and licensed psychoanalyst.*

This book addresses the therapeutic effectiveness of various methods in TA and covers a variety of topics such as unconscious experience, transference-countertransference, the therapist's transparency, transgenerational scripts, trauma and regression, psychological games, the self-destructive client, an integrative approach to the psychotherapy of obsession, gender psycho-politics, and psychotherapy from a social-cognitive perspective. It is written for both psychotherapists and counsellors who want to learn and refine their knowledge of contemporary TA methods that are most effective with today's clients.

**Karnac Books, December 2015, 346 pp, Demy 9781782202639 £29.99/\$48.95**

## Also by Richard G. Erskine



### Integrative Psychotherapy in Action

By **Richard G. Erskine** and **Janet P. Moursund**

**2011, 312 pp, Demy 9781855758308 £26.99/\$43.95**



### Life Scripts

A Transactional Analysis of Unconscious Relational Patterns

Edited by **Richard G. Erskine**

**2010, 336 pp, Demy 9781855756625 £27.99/\$45.95**



### Relational Patterns, Therapeutic Presence

Concepts and Practice of Integrative Psychotherapy

By **Richard G. Erskine**

**2015, 400 pp, Demy 9781782201908 £32.99/\$53.95**



## Let's Keep Talking Lacanian Tales of Love, Sex, and Other Catastrophes

By **Yael Baldwin**, *psychologist and associate professor of psychology.*

This book is a collection of original Lacanian case studies of young people today as they struggle with their own modern existential dilemmas of sex and love, life and death. The context, background, and forms of expression may be contemporary, but the clients' problems, structures, and existential dilemmas are quite classic. The five narrative tales highlight the role a Lacanian orientation played in the interactions, formulations, and results, from initial meetings to terminations.

**Karnac Books, January 2016, 206 pp, Demy 9781782203070 £25.99/\$42.95**

### Also by Yael Baldwin

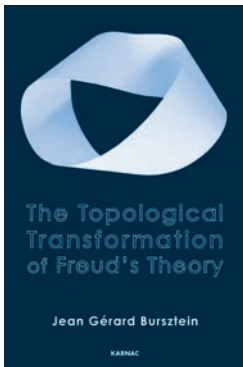


Lacan and Addiction

An Anthology

Edited by **Yael Goldman Baldwin, Karen R. Malone, and Thomas Svolos**

**2011, 256 pp, Demy 9781855758513 £24.99/\$40.95**



## The Topological Transformation of Freud's Theory

By **Jean-Gérard Bursztein**, *a psychoanalyst who practises and teaches in Paris.*

In this book, Jean-Gérard Bursztein presents his reading of psychoanalysis in the spirit of its founder Sigmund Freud, and explores the transformations of Freud's work by his followers. The author notes that some of these followers trimmed it down even to exclude the death drive, which was one of Freud's fundamental principles. Freud's theory has also been transformed by Lacan, who, in the mid-1950s embarked on a lifelong enterprise to recast it in a fruitful debate with the sciences and the humanities.

**Karnac Books, December 2015, 138 pp, Demy 9781782202578 £17.99/\$29.95**



## Pink Herrings

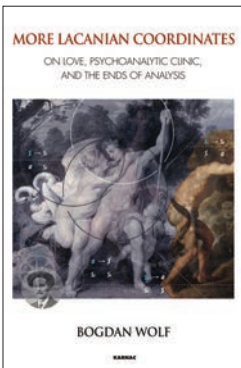
### Fantasy, Object Choice, and Sexuation

*The Lines of the Symbolic Series*

By **Damien W. Riggs**, associate professor in social work who also works in private practice as a Lacanian psychotherapist.

This book engages in a re-examination of six of Freud's cases via Lacan's account of sexuation. Specifically, the book outlines a theoretical framework in which sexuation is understood as a 'choice' made in response to the fact of the sexual non-relationship. Drawing upon Lacan's distinction between phallic and other jouissance, *Pink Herrings* examines the four positions outlined in Lacan's formula of sexuation, and maps these onto the six case studies.

Karnac Books, November 2015, 176 pp, Demy 9781782201748 £19.99/\$32.95



## More Lacanian Coordinates

### On Love, Psychoanalytic Clinic, and the Ends of Analysis

By **Bogdan Wolf**, editor of the *Psychoanalytical Notebooks*, and psychoanalyst in private practice in London.

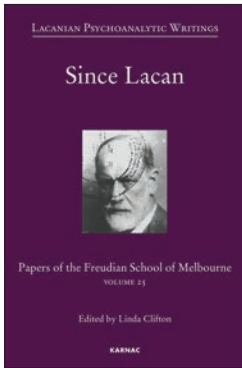
*More Lacanian Coordinates* opens with the question of love that for Lacan forms a discourse of fragments and letters addressed to the one, which circumscribe the nonexistence of the sexual relation. Further, Lacan situates love in relation to knowledge, making ignorance, alongside love and hatred, the third passion. Lacanian discourse, as a social bond of speaking beings in love, can be considered between two passions: to want to know and to want not to know. Each position has the real impact on the subject, whether neurotic or psychotic, leading to produce different outcomes and solutions.

Karnac Books, January 2016, 224 pp, Demy 9781782202813 £24.99/\$40.95

### Also by Bogdan Wolf



Lacanian Coordinates  
From the Logic of the Signifier to the Paradoxes of Guilt and Desire  
2015, 208 pp, Demy 9781782202806 £24.99/\$40.95



## Since Lacan

### Papers of the Freudian School of Melbourne: Volume 25

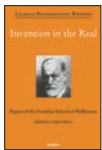
*Papers of the Freudian School of Melbourne*

Edited by **Linda Clifton**, *analyst and former Director of the Freudian School of Melbourne.*

This is the latest volume of the Papers of the Freudian School of Melbourne, School of Lacanian Psychoanalysis, founded in 1977. As such it is comprised of original papers by analysts and members of the School and other invited international contributors. The book can be read as a response to the question as to what difference Lacan's teaching has made in the field of psychoanalysis.

**Karnac Books, January 2016, 288 pp, Demy 9781782202028 £25.99/\$42.95**

#### Also in this series

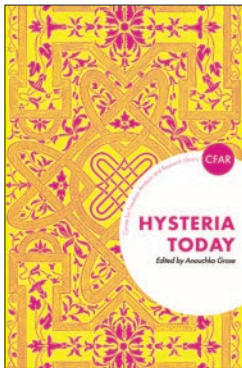


#### Invention in the Real

Papers of the Freudian School of Melbourne: Volume 24

Edited by **Linda Clifton**

**2012, 304 pp, Demy 9781855758896 £26.99/\$43.95**



## Hysteria Today

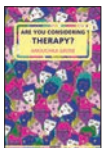
### The Centre for Freudian Analysis and Research Library

Edited by **Anouchka Grose**, *practising psychoanalyst and member of the Centre for Freudian Analysis and Research.*

Hysteria, one of the most diagnosed conditions in human history, is also one of the most problematic. Can it even be said to exist at all? Since the earliest medical texts people have had something to say about 'feminine complaints'. This book is a collection of essays whose purpose is to reopen the case for hysteria and to see what relevance, if any, the term may have within contemporary clinical practice.

**Karnac Books, January 2016, 138 pp, Demy 9781782201045 £17.99/\$29.95**

#### Also by Anouchka Grose



#### Are You Considering Therapy?

By **Anouchka Grose**

**2011, 138 pp, B Format 9781855758575 £9.99/\$16.95**



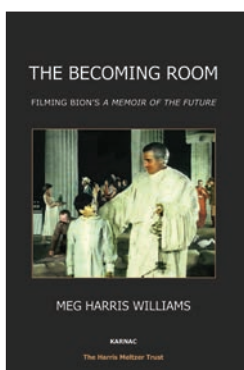
## Women and Images of Men in Cinema

### Gender Construction in *La Belle et la Bête* by Jean Cocteau

Edited by **Andreas Hamburger**, a psychoanalyst who writes on literature, film, and psychoanalysis and is a Professor of Psychology.

In the seventy years since it was made, *La Belle et la Bête* has inspired numerous interpretations and has been employed by theorists of all genres and interests. In this book, Andreas Hamburger and other contributors consider its background, content, and reception, and explore the impact Cocteau has on our perceptions of beauties and beasts.

Karnac Books, November 2015, 192 pp, Demy 9781782202905 £22.99/\$37.95



## The Becoming Room

### Filming Bion's *A Memoir of the Future*

*The Harris Meltzer Trust Series*

By **Meg Harris Williams**, a writer and artist who has had a lifelong psychoanalytic education.

The contents of this book represent a series of experiments in dramatising Bion's *A Memoir of the Future*, the primary one being an unfinished film begun in India in the 1980s and directed by Kumar Shahani. The film script and a commentary are included, together with a narrative poem written for Alaknanda Samarth who played the Ayah of Bion's childhood, and a play script written for Tom Alter who played the Father. The book is illustrated by screenshots from the film and the ebook contains video extracts.

Harris Meltzer Trust, January 2016, 208 pp, Demy 9781782203841 £24.99/\$40.95

### See also



Traumatic Reliving in History, Literature and Film  
By **Rudolph Binion**

January 2011, 164 pp, Demy 9781855757431 £24.99/\$40.95



Psychoanalysis and Film  
By **Glen O. Gabbard**

2001, 248 pp, Demy 9781855752757 £30.99/\$50.95



# Shame

## Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar**, *psychiatrist and psychoanalyst and recipient of the Sigourney Award in 2012.*

Seeking to advance clinicians' empathy and therapeutic skills in this realm, in this book ten distinguished analysts discuss shame from various perspectives. These include its developmental substrate, its vicissitudes during adolescence, and its manifestations in the course of aging and infirmity. The authors discuss shame from a cross-cultural viewpoint and note how the shame-driven search for power and glory can turn malignant and societally destructive. They also address shamelessness, the link between shame and laziness, and the shame that underlies the inability to apologize. They devote attention to shame in the transference-countertransference axis and highlight the technical challenges in dealing with shame in clinical encounters.

Karnac Books, January 2016, 250 pp, Demy 9781782202547 £25.99/\$42.95

### Also by Salman Akhtar



#### Fear

A Dark Shadow Across Our Life Span

Edited by **Salman Akhtar**

2014, 272 pp, Demy 9781782200680 £24.99/\$40.95



#### Greed

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar**

2015, 264 pp, Demy 9781782202554 £26.99/\$43.95

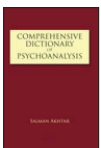


#### Hopelessness

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar** and **Mary Kay O'Neil**

2015, 256 pp, Demy 9781782202585 £24.99/\$40.95

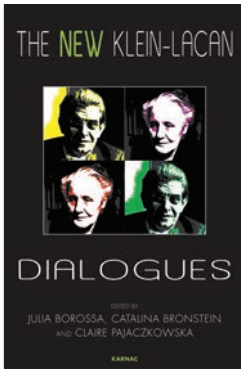


#### Comprehensive Dictionary of Psychoanalysis

By **Salman Akhtar**

2009, 420 pp, Demy 9781855758605 £36.99/\$59.95





## The New Klein-Lacan Dialogues

*Edited by Julia Borossa, director of the Centre for Psychoanalysis at Middlesex University, Catalina Bronstein, visiting professor in the Psychoanalysis Unit at UCL and Claire Pajaczkowska, senior research tutor at the Royal College of Art.*

This book provides a timely exploration and comparison of key concepts in the theories of Melanie Klein and Jacques Lacan, two thinkers and clinicians whose influence over the development of psychoanalysis in the wake of Freud has been profound and far-reaching.

**Karnac Books, November 2015, 352 pp, Demy 9781780491189  
£26.99/\$43.95**

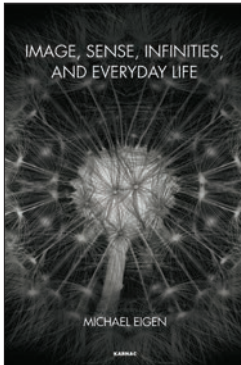
### See also



#### The Klein-Lacan Dialogues

Edited by **Bernard Burgoyne** and **Mary Sullivan**

**2015 (REISSUE), 236 pp, Demy 9781782200239 £23.99/\$38.95**



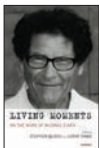
## Image, Sense, Infinities, and Everyday Life

*By Michael Eigen, psychologist and psychoanalyst.*

In this compelling book, Michael Eigen leads us through an array of images and sensing, beginning with a sense of being born all through life, psychosis, mystical moments, the pregnancy of 'no', shame, his session with André Green, and his thoughts related to James Grotstein, Wilfred Bion, and Marion Milner. The author concludes with notes on his life as a young man leading him into the therapeutic vocation he has fostered for nearly sixty years.

**Karnac Books, November 2015, 192 pp, Demy 9781782203728 £24.99/\$40.95**

### See also



#### Living Moments

On the Work of Michael Eigen

Edited by **Stephen Bloch** and **Loray Daws**

**2015, 400 pp, Demy 9781780491844 £32.99/\$53.95**

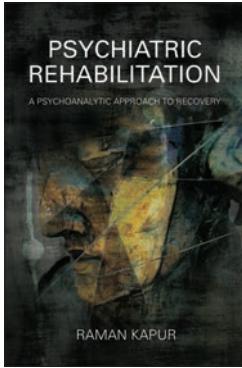


#### A Felt Sense

More Explorations of Psychoanalysis and Kabbalah

By **Michael Eigen**

**2014, 128 pp, Demy 9781782201021 £15.99/\$26.95**



## Psychiatric Rehabilitation A Psychoanalytic Approach to Recovery

By **Raman Kapur**, a consultant clinical psychologist specialising in psychotherapy. In 2012 he was awarded an MBE by the Queen for his work in providing services to people with mental illness in Northern Ireland.

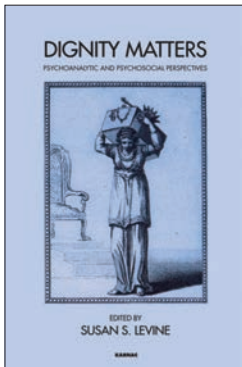
Recovering from severe mental illness is one of the most terrifying human experiences in health care. Often conventional rehabilitation approaches focus on helping the patient with his or her symptoms and maximising the external world through supportive interventions. However, little attention is paid to the internal world of the patient. This subjective experience of recovery is the focus of this book. It describes a particular psychoanalytic model that best captures this distressing state of mind and suggests particular processes that have to be put in place to ensure the patient gets the best opportunity to have his or her fears and hopes addressed.

Karnac Books, January 2016, 216 pp, Demy 9781782201564 £24.99/\$40.95

### Also by Raman Kapur



The Troubled Mind of Northern Ireland  
An Analysis of the Emotional Effects of the Troubles  
By **Raman Kapur and Jim Campbell**  
2004, 160 pp, Demy 9781855759930 £24.99/\$40.95

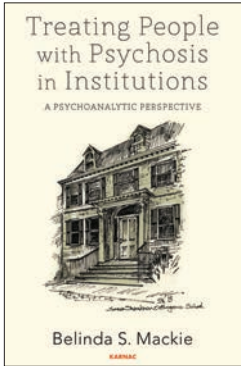


## Dignity Matters Psychoanalytic and Psychosocial Perspectives

Edited by **Susan S. Levine**, a psychotherapist and psychoanalyst in private practice.

This book explores an ethical value central to all mental health professions. Although 'dignity' appears near the beginning of many codes of ethics, it has been largely unexamined in the professional literature. Potter Stewart famously declared about pornography that we can't define it but we know it when we see it. Likewise with dignity. This book addresses that gap.

Karnac Books, January 2016, 230 pp, Demy 9781782202158 £25.99/\$42.95



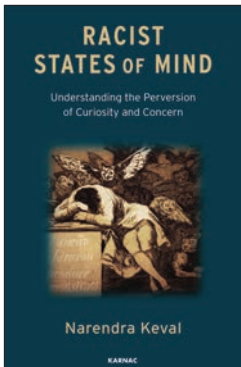
# Treating People with Psychosis in Institutions

## A Psychoanalytic Perspective

By **Belinda S. Mackie**, a practising psychoanalyst who has worked in public psychiatric institutions in Australia.

This book brings together the histories of a number of psychoanalytically informed hospitals, and provides a synthesis of the theoretical underpinnings in the institutional practice of each. Of particular interest is how psychoanalysts and staff working in institutions apply their theoretical understanding, and in what ways the psychoanalytic technique has been modified or adapted to the treatment of individual patients with psychosis and to the workings of an institution in general.

**Karnac Books, January 2016, 296 pp, Demy 9781782202240 £27.99/\$45.95**



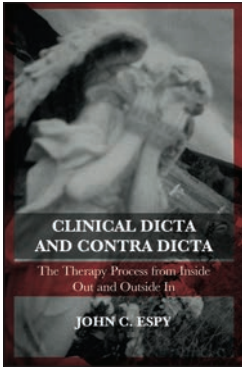
# Racist States of Mind

## Understanding the Perversion of Curiosity and Concern

By **Narendra Keval**, a clinical psychologist in private practice in London.

In this book the author explores the quality of thinking in racist states of mind and suggests that the fantasy dramas of the primal scene provide an essential framework in which racial and racist fantasies exist as deep structures of thought and feeling. These are intrinsic to psychic life and functioning, universally present in contemporary culture as well as the consulting room where they constitute the passions of the transference. The author explores the predicaments and challenges of engaging with these states of mind in the consulting room, group, organisational, and societal life.

**Karnac Books, January 2016, 176 pp, Demy 9781780490748 £19.99/\$32.95**



## Clinical Dicta and Contra Dicta The Therapy Process from Inside Out and Outside In

*The Karnac Library*

By **John C. Espy**, a psychotherapist and psychoanalyst with thirty-five years of experience. His current practice primarily focuses on clinical and forensic consultation and long term treatment.

Over many years of sitting with patients and supervisees, Dr John Espy found that the themes represented here kept emerging in one form or another: Are we winsome or loathsome? Are we self-knowing or self-concealing? Psychoanalysis is a psychic pilgrimage that reveals the depths of both our capacity to love and our depravity. Life is not clean and is fraught with temptations to undermine those behaviours which are in our own best interests, the greatest perhaps being those deceptions about what we reveal of who we really are.

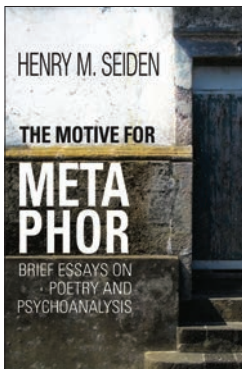
**Karnac Books, January 2016, 122 pp, B Format 9781782203711 £9.99/\$16.95**

### Also by John C. Espy



**There is No Body**

A Journey Through The Dark Boroughs Of A Pedophilic Cannibal's Mind, Volume 3  
**2015, 240 pp, B Format 9781782200932 £9.99/\$16.95**



## The Motive for Metaphor Brief Essays on Poetry and Psychoanalysis

By **Henry M. Seiden**, psychologist and psychoanalyst.

This book is a small anthology: each chapter a kind of meditation – on poetry and psychoanalysis; on a poem, sometimes two; on poetry in general; on thought itself. The poems are beautiful, some are contemporary, some are classical and well worth a reader's attention.

**Karnac Books, November 2015, 164 pp, B Format 9781782203261 £14.99/\$24.95**

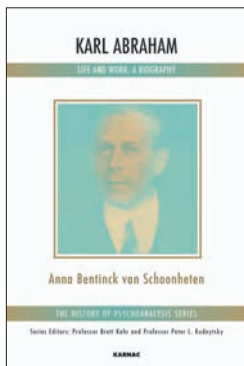
### See also



**Between Hours**

A Collection of Poems by Psychoanalysts  
Edited by **Salman Akhtar**

**2012, 120 pp, B Format 9781780490649 £9.99/\$16.95**



## Karl Abraham

### Life and Work, a Biography

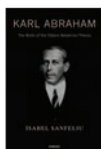
*The History of Psychoanalysis Series*

By **Anna Bentinck van Schoonheten**, a psychoanalyst in private practice in Amsterdam who has conducted extensive research on Karl Abraham and the role of the secret committee in the development of psychoanalytic theory.

This is the first complete biography of Karl Abraham (1877–1925), a close colleague and friend of Sigmund Freud and one of the most important pioneers of psychoanalysis. Abraham was the first psychoanalyst in Germany, where he brought about a great flourishing of psychoanalysis. His clinical-theoretical contributions quickly became classics that have powerfully influenced the development of psychoanalytic theory.

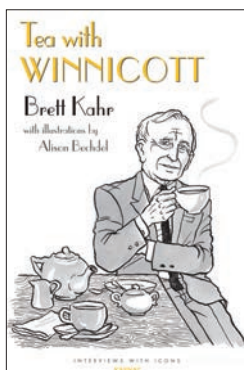
**Karnac Books, January 2016, 472 pp, HB Crown Quarto 9781782201847 £35.00/\$57.00**

### See also



Karl Abraham  
The Birth of Object Relations Theory  
By **Isabel Sanfeliu**

**2014, 368 pp, Demy 9781782200871 £29.99/\$48.95**



## Tea with Winnicott

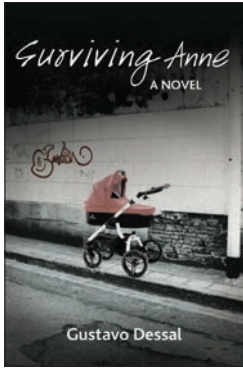
### *The Interviews with Icons Series*

By **Brett Kahr**, Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health in London, and illustrated by **Alison Bechdel**, winner of the MacArthur Foundation 'Genius' award.

In a work of startling originality, Professor Brett Kahr has resurrected the renowned psychoanalyst Donald Winnicott from the dead and has invited him for a memorable cup of tea at 87 Chester Square – Winnicott's London residence – in which the two men discuss Winnicott's life and work in compelling detail.

**Karnac Books, February 2016, 304 pp, Demy 9781782203421 £19.99/\$32.95**

In *The Interviews with Icons Series*, famous psychoanalysts are resurrected from the dead and are invited for a frank and detailed conversation about their lives and their work. Future interviewees will include Sigmund Freud, John Bowlby, and Melanie Klein.



## Surviving Anne

### A Novel

*The Karnac Library*

By **Gustavo Dessal**, *psychoanalyst, trained in Argentina and France*. Translated by **Daniel Tunnard**.

'Was I born with something broken, or did it break later?'

This novel is an intimate exploration of the severe psychological difficulties suffered by a woman whose parents survived a Nazi concentration camp. In it, Anne meets Dr Palmer, with whom she begins a psychotherapeutic journey that will lead her to a surprising resolution.

Karnac Books, December 2015, 276 pp, B Format 9781782203223 £12.99/\$21.95

### See also

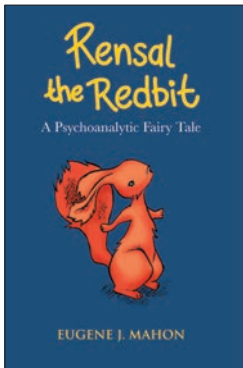


### Invisible Mending

A Novel

By **Guillermo Montero**

2015, 242 pp, B Format 9781782202844 £9.99/\$16.95



## Rensal the Redbit

### A Psychoanalytic Fairy Tale

*The Karnac Library*

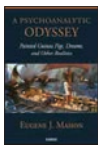
By **Eugene J. Mahon**, *training and supervising analyst*.

This is the tale of Rensal, a small creature trying to make sense of a big world. Running along one day, Rensal bumps into the Tall One, a wise and mysterious redbit who loves to talk. Over tea, toast, and berries, the friends discuss life, love, creation, dreams, death, and everything else that lies under the sun.

This is a book that gets to the heart of what it is to be young, of the joys and sorrows and confusions of childhood, and of the questions that continue to be pertinent even when we are full-grown – how we live, how we love, and what – if anything – it all means.

Karnac Books, October 2015, 78 pp, B Format 9781782201885 £6.99/\$11.95

### Also by Eugene J. Mahon

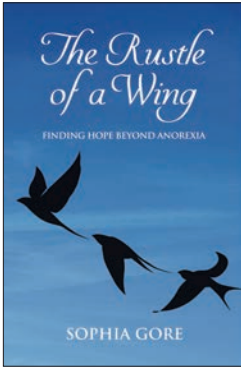


### A Psychoanalytic Odyssey

Painted Guinea Pigs, Dreams, and Other Realities

By **Eugene J. Mahon**

2014, 256 pp, Demy 9781780491448 £24.99/\$40.95



## The Rustle of a Wing

### Finding Hope Beyond Anorexia

*The Karnac Library*

By **Sophia Gore**, pseudonym for the author of this book, who has suffered chronic anorexia nervosa for half her life. She has experienced various treatments, the majority involuntary and administered under the Mental Health Act.

This book is a true account of the grim realities of chronic anorexia nervosa and the destruction it causes, providing painful home truths about the way that we as a society deal with this most challenging of conditions. Describing years in and out of hospital wards and treatment centres, willingly and unwillingly, at times being force-fed and physically restrained, the author makes an impassioned plea for treatment that recognises the person behind the disease.

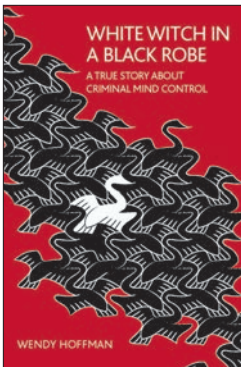
**Karnac Books, November 2015, 416 pp, B Format 9781782203377 £14.99/\$24.95**

#### See also



**Finding a Voice**  
Family Therapy for Young People with Anorexia  
By **Greg Dring**

**2015, 352 pp, Demy 9781782201861 £29.99/\$48.95**



## White Witch in a Black Robe

### A True Story About Criminal Mind Control

By **Wendy Hoffman**, a psychotherapist and survivor of organised criminal abuse.

The author describes from her personal experiences how secret high-level mind control is performed throughout victims' lives and the ways heads of governments and religious organisations participate in this, as well as the healing process and how one's mind becomes whole again. This is an important book for survivors of mind control and ritual abuse, their therapists and counsellors, and the general public, revealing one of the world's best-kept and grimmest secrets.

**Karnac Books, December 2015, 192 pp, B Format 9781782203667 £9.99/\$16.95**

#### Also by Wendy Hoffman



**The Enslaved Queen**  
A Memoir about Electricity and Mind Control  
By **Wendy Hoffman**

**2014, 312 pp, B Format 9781782201489 £9.99/\$16.95**

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